**FOOD** - visit bit.ly/mke-emergency-food for more locations

**Milwaukee Christian Center (MCC)**, 807 S. 14th St., (414) 645-5350  
Senior Stockbox: 9:00am - 12:00pm; Food pantry: 1:00pm - 3:00pm

**Salvation Army - 60th St**, 5880 N. 60th St., (414) 464-2940  
Food pantry: 12:30pm - 3:00pm  
Serving residents of 53218, 53224 & 53225 (ID required)

**The Village Church**, 130 E. Juneau St., (414) 273-7617  
Food pantry: 2:00pm - 4:00pm (ID and proof of residency required - all zip codes)

**Riverwest Food Pantry - St. Casimir**, 924 E. Clarke St., (414) 301-1478  
Food pantry: 4:30pm - 6:30pm

**COA Goldin Center**, 2320 W. Burleigh St., (414) 449-1757  
Free Meal Program: 11:00am - 11:30am (Auer Avenue School playground)

**Salvation Army - West**, 1645 N. 25th St., (414) 342-9191  
Food packages: 10:00am - 12:00pm and 1:00pm - 3:00pm  
Serving residents in 53205 & 53208 zip codes (ID required)

**Friedens Community Ministries - Hope House**, 209 W. Orchard St., (414) 289-6030  
Food Pantry: 12:30pm - 2:30pm

**Bay View Community Center**, 1320 E. Oklahoma Ave., (414) 482-1000  
Food Pantry: 4:00pm - 6:00pm

**Friedens Community Ministries - Zion Rock**, 10230 W. Fond du Lac Ave., (414) 289-6030  
Food Pantry: 5:00pm - 7:00pm

**UMOS**, 2701 S. Chase Ave., (414) 389-6000  
Food Pantry: 1:00pm - 4:00pm

**Ayuda Mutua MKE**, 1115 S. 7th St.,  
Food Pantry: 4:00pm - 7:00pm

**Consider Applying for Food Share (SNAP)**, bit.ly/wi-food-share-app  
Maximum amount of benefits being received by current and approved participants

**UPDATED MON-FRI AT 9AM**

SEE NEXT PICTURE FOR ACTIVITIES & MORE

Follow Safe & Sound  
@SafeSoundInc

STAY UP TO DATE ON COVID-19:  
CDC website: coronavirus.gov  
Milwaukee Health Dept.: city.milwaukee.gov/coronavirus
**ACTIVITIES & EDUCATION**

**Be Counted for the 2020 Census**, census2020.gov  
The 2020 census is still happening. Make sure everyone in your home is counted!  
Deadline extended to August 14th - Don't wait! Do it TODAY!

**Brainfuse - Live Tutoring**, www.mpl.org/databases/all/19  
Daily from 11:00am - 11:00pm

**Story Time with Milwaukee Public Library**, www.zoom.us; Meeting ID - 681 728 982  
Monday - Friday at 10:30am

**Signature Dance Company**, www.facebook.com/signaturedancecompany  
Dance fitness class at 12:00pm (for all ages and levels)

**Milwaukee Recreation**, Join classes at facebook.com/MilwaukeeRecreation  
Classes and times vary daily, check facebook.com/MilwaukeeRecreation for updates

**MENTAL HEALTH & SAFETY**

**Parents Experiencing Stress**, Confidential Helpline: (414) 671-0566

**Teens with Mental and Behavioral Needs**, Mobile Crisis Line: (414) 257-7621

**Domestic Violence Assistance**, TROs must be filed electronically, call (414) 278-5079  
Sojourner Family Peace Center 24-Hour Hotline: (414) 933-2722

Milwaukee Women's Center 24/7 Crisis Line: (414) 671-6140

The Asha Project (African-American women) Crisis Line: (414) 252-0075 (9am - 4pm)

Diverse & Resilient (LGBTQ) Resource Line: (414) 856-5428; resources roomtobesafe.org

Hmong American Women's Association Resource Line: (414) 930-9352

WI Hmong Family Strengthening After-Hours Helpline: (877) 740-4292

UMOS Latina Resource Center 24-Hour Support Line: (414) 389-6510

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**CHECK BACK HERE MON-FRI AT 9AM FOR UPDATED INFORMATION**

Follow Safe & Sound  
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STAY UP TO DATE ON COVID-19:  
CDC website: coronavirus.gov  
Milwaukee Health Dept.: city.milwaukee.gov/coronavirus
WHAT DOES A FAMILY MEAL MEAN TO YOU?

NOMINATE A FAMILY TO RECEIVE A MEAL TODAY!
BIT.LY/SS-FFM-NOMINATION